

THE GENERATIONS GRID™ (Simplified)

© 2002-2006 The Honoring Institute For use with "Ways of Honoring II: Being an Elder"				Grid for:	2006	Potential Age after below # of years				Fulfillment
				Interval:	10 yrs	10	20	30	40	
Gen Diff from you	Representative of the Generation	Year of Birth	Expected Years of Life	Expected Year of Death	Age NOW	2016	2026	2036	2046	(eg. 2020)
+2										
+1										
0										
-1										
-2										
-3										
+2	My grandmother (Ethel)	1914	55	1969	92	102	112	122	132	106
+1	My mother (Dorothy)	1937	64	2001	69	79	89	99	109	83
0	ME (Ruth)	1962	71	2033	44	54	64	74	84	58
-1	My niece (Jocelyn)	1981	75	2056	25	35	45	55	65	39
-2	My niece (Luisa)	2004	77	2081	2	12	22	32	42	16
-3	Who?	2022	81	2103	X	X	4	14	24	-2

- (1) Write your own name across from GEN(eration) = 0. Fill in your year of birth. Look up your Expected Years of Life (from birth) on the Simplified Life Expectancy Lookup Table. Add this number of years to your year of birth to get your Expected Year of Death.
- (2) Fill in the age you are turning this year in the "Age NOW" column, then keep adding 10 to that age to fill in your Potential Ages 10, 20, 30, and 40 years from now. These are the ages you could reach each 10 years into the future.
- (3) Complete the table for a representative person for each generation older and younger than you. Use 20 as the rough age difference between generations if you don't know the actual data. Mark estimated data with an asterisk for later confirmation.
- (4) Follow any additional instructions given by the workshop leader.
- (5) For each person, circle their ages in each decade that you can no longer expect them to be alive. (The example uses a larger boldfaced font to highlight this information.)